

Ms. Joyce's Lentil Hummus Recipe

Ingredients

- 16 oz Lentils
- 1/2 Onion
- 1/3 cup Garlic
- 1 Lemon
- 1 Lime



Directions

1. Rinse lentils. Then cook according to package.
2. Chop onion and garlic.
3. In a mixing bowl, squeeze the lemon and lime. Then add the cooked lentils, onion, and garlic.
4. Cover and put in refrigerator to cool.

Chef's Tip

Please feel free to experiment with different seasonings of your desired taste. Remember we are who we are and we are how we were designed to be, for we all have a great destiny living inside of us.

