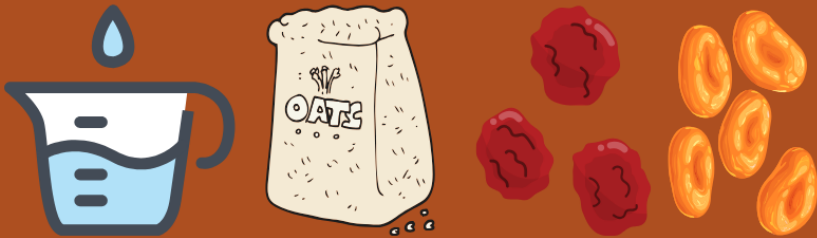


# Ms. Teresa's Overnight Oatmeal

## Ingredients

- 4 cups water
- 1 cup steel cut oats
- 3 tbsp Dried Cranberries
- 3 tbsp Dried Apricots



## Directions

- Combine ingredients in a slow cooker set low.
- Cook for 7-8 hours until oatmeal consistency has been reached. Serves four equal portions.

## Ms. Teresa's Tips!



I heat my oats up with almond milk and then add some cinnamon to the recipe!