

# Ms. Traci's Baked Oatmeal

## Ingredients:

- 1 ½ cups old-fashioned rolled oats
- 1 ½ cups unsweetened almond milk
- ½ cup unsweetened applesauce
- ¼ cup chopped dried apricots
- ¼ cup chopped dates or raisins
- ¼ cup chopped pecans or walnuts
- ½ teaspoon cinnamon
- Date Honey (optional)



## Directions:

1. Preheat oven to 350°F
2. Coat 8x8-inch baking pan lightly with olive oil.
3. Put all ingredients in a large bowl and stir well.
4. Pour oatmeal mixture into dish and bake 45-50 minutes or until slightly browned and crispy on top.

## From the Chef!

The baked oatmeal is really delicious, but topping it with date honey makes it even better. I place slices in an airtight container and refrigerate and warm up a slice or two for breakfast!