

Ms. Scheryl's Grilled Veggies



Ingredients

- 2 tbsp Olive Oil
- 1 tsp Mrs. Dash
- 1 tsp Salt-free Garlic Powder
- Any vegetables that you like
(Butternut Squash, Asparagus, Green Beans, Brussel Sprouts, Zucchini, Cabbage)

Directions

- If using a vegetable that needs to be chopped, like a head of broccoli or a zucchini, chop into desired size.
- Coat your veggies of choice in olive oil and make sure that the veggies are coated in the mixture.
- Season veggies with Mrs. Dash and garlic powder.
- Cook veggies on grill for 15-20 minutes until tender.
- Enjoy!



Chef's Tip

Remember when coating the veggies in olive oil to not have them dripping! I've made that mistake before 🤦. And remember to always cook with love!!